

**DEPARTMENT OF THE ARMY**

Commander

US Army Soldier Support Center

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ATTN: ATSG-DSS (Dr. Caviness)

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FILE



Mr. Robert Monroe  
Monroe Institute of Applied Sciences  
PO Box 122  
Nellysford, VA 22958

SESSION POLICIES - JANUARY, 1985

ONE TO ONE SESSIONS:

Until an individual has the qualifications to be considered either an Explorer or a suitable subject for other research areas, there will be an evaluation fee for his/her One-to-One sessions in the lab. The fee will be \$30.00 per session and this money will go towards lab overhead, repair and maintenance of equipment, and the purchasing of new equipment. Once the individual is invited to participate in either the Explorer research or in other research projects, there will no longer be session fees for such participation.

EXPLORER QUALIFICATIONS:

There will be an evaluation group comprised of at least one Monitor, one Technician and Bob Monroe or his designate. This group will design the specific qualifications for Explorers and will subsequently evaluate lab sessions to determine who will become Explorers and also the value of information reported by the Explorers. The following is an initial guideline to determine what constitutes a viable Explorer:

1. Has the ability to achieve and maintain consciously a deep state of expanded awareness.
2. Can communicate verbally while in such states of expanded consciousness.
3. Responds intelligibly to questions and directives from the Monitor.
4. Produces informative material from his/her consciousness exploration.
5. Displays emotional stability.

GATEWAY PARTICIPANTS IN ONE TO ONE SESSIONS:

There will be a limited number of "scholarships" available for those program participants who cannot afford the sessions fees and who have a strong desire to participate in the research and who show a significant promise of ability to provide support to the research effort and/or information of value to the Institute. Scholarships will not exceed one person per program. Room and board are not considered as part of the scholarship.

EXPLORER INFORMATION:

All tape recorded Explorer sessions will be kept in the appropriate storage cabinet in the lab except for when they are brought to the MIAS office for transcription, after which they will be returned to the lab. All tapes will be transcribed in full and exactly as they are recorded on each tape. Dissemination of Explorer material will be determined by Bob Monroe.